

#ThinkCarers



Norfolk County Council

I can be applying
mum's dressing one
minute and collecting
her prescription
the next.

Are you one of
Norfolk's hidden carers?

—

There are an estimated 100,000 unpaid carers in Norfolk.

It's time to #ThinkCarers and ensure that those people who are looking after a family member, friend or loved one are getting the help and support they need.

Find out more at:
norfolk.gov.uk/thinkcarers

#ThinkCarers



from:

to:
